

I can discuss expectations with my health care providers.

- Communication
- Confidentiality
- Respect
- Treatment
- Access to Care

This booklet was developed for NWT breast cancer patients.
All cancer patients will find it useful.

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Cancer Patients

Rights and Responsibilities



**TO GUIDE AND SUPPORT
MY CANCER JOURNEY**

What I expect from health care providers
and what health care providers expect from me.

MY RIGHTS

MY RESPONSIBILITIES

Communication

Have clear information that I can understand and use to make good decisions.
Understand treatment choices.
Receive interpretation or other services I need.

Confidentiality

Have health records kept private and up-to-date.
Review my health care records and get a copy if I want.
Have health care providers respect my privacy and dignity.

Respect

Receive treatment that respects culture, independence, and dignity, in a safe environment.
Know the names and roles of health care providers.

Treatment

Change my mind about a procedure. Refuse to join a medical trial or research.
Express my concerns and expect people to listen and act fairly.
Speak up for myself and make a complaint if needed.

Access to Care

Have a primary health care provider.
See a cancer specialist as soon as possible after diagnosis.
Have information about follow-up care.
Have a support person with me at each appointment.

Ask questions about diagnosis, treatment, and follow-up.
Follow instructions for treatment.

Agree to treatment only if I understand the choices, risks, benefits, any financial costs, and what happens if I refuse treatment.

Ask for communication help I need—ahead of time if possible.

Bring my health care card and photo ID to appointments.

Provide accurate and complete information about my current and past health problems, allergies, and medications (including herbals and vitamins). Ask to change records if needed.

Respect the privacy of health care providers and patients.

Treat health care providers and other patients the way I want them to treat me.

Follow health facility practices that keep others safe.

Be on time for appointments or call if I'm late or can't make it.

Ask questions and keep learning. Understand the risks and benefits of a medical trial or research.

Openly discuss my concerns.

Take my complaint to a person in charge.

Tell specialists who my usual nurse or doctor is and any change.

Ask about follow up care.

Ask about supports and services I need.

Ask for help from friends, family, and others if needed.

Communication

Confidentiality

Respect

Treatment

Access to Care